



100 Practical Life Activities For Children of All Ages



- Vacuum the house
- Watch a documentary
- Write a letter
- Post a letter
- Make a book cover
- Write a story
- Build something from cardboard
- Fold the laundry
- Skype a friend
- Make some food
- Make a shopping list
- Plan a trip
- Look after a pet
- Collect some leaves
- Paint a picture
- Make a mask
- Sort your clothes
- Re-Arrange your bedroom
- Bake some cupcakes
- Write thank-you notes
- Make birthday cards
- Organise the calendar
- Sew some materials
- Build a billy-cart
- Write emails to important people
- Watch the news
- Make a collage from magazines
- Read to a sibling
- Build a cubby house
- Learn a song
- Rehearse a play
- Practice typing skills
- Order something online
- Boil an egg
- Take something apart
- Publish a book
- Design a new building
- Study google earth
- Make a bridge from cardboard
- Research a civilization (Egypt)
- Write a speech. Video it!
- Make a film trailer
- Dust the house
- Make a domino rally
- Write a diary
- Make a comic book
- Bake a cake
- Count your savings
- Watch a Ted Talk
- Wash the dishes
- Give mum/dad a shoulder rub.
- Wash the car
- Study an insect
- Write to a friend
- Recycle items
- Take out the rubbish
- Have a nap
- Erect a tent in the garden
- Practice skipping
- Teach a sibling
- Design a T-shirt
- Make a club, and invite members.
- Make a membership card.
- Write your own quiz
- Design a menu for dinner
- Write a recipe book
- Make an avatar
- Watch star wars
- Dissect a plant
- Make something from clay
- Build a marble run
- Paint old vases
- Plant some seeds
- Recycle paper
- Paint old wine bottles
- Make abstract art
- Set the table
- Make fruit juice.
- Plan a party
- Start a collection
- Make a poster
- Record a video and upload it
- Learn how to code (code.org)
- Make lollipops
- Mop the kitchen
- Listen to music
- Play a board game
- Make a wish-list
- Research an animal/plant
- Make a project
- Make a cardboard clock
- Make a phone call
- Make a photo album
- Make a life story booklet
- Sequence world events
- Make sock puppets
- Plan a family fashion show
- Exercise indoors
- Weed the garden
- Mow the lawn
- Prepare vegetables for dinner.
- Practise yoga
- Paint a family portrait
- Frame some pictures
- Hammer wood and nails
- Style your hair
- Plan a journey
- Wrap and send gifts.
- Fold laundry
- Varnish a table
- Arrange some flowers
- Observe nature
- Practise meditation
- Listen to an audiobook
- Watch a cartoon
- Learn a new language
- Write to a politician
- Build something from lego

