

TEN WAYS TO SAVE THE PLANET FROM YOUR HOME



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Walk, bike, or take public transport

The world's roadways are clogged with vehicles, most of them burning diesel or gasoline. Walking or riding a bike instead of driving will reduce greenhouse gas emissions -- and help your health and fitness. For longer distances, consider taking a train or bus. And carpool whenever possible.



EAT MORE VEGETABLES

EATING MORE VEGETABLES, FRUITS, WHOLE GRAINS, LEGUMES, NUTS, AND SEEDS, AND LESS MEAT AND DAIRY, CAN SIGNIFICANTLY LOWER YOUR ENVIRONMENTAL IMPACT. PRODUCING PLANT-BASED FOODS GENERALLY RESULTS IN FEWER GREENHOUSE GAS EMISSIONS AND REQUIRES LESS ENERGY, LAND, AND WATER.



CONSIDER YOUR TRAVEL
AIRPLANES BURN LARGE AMOUNTS OF FOSSIL
FUELS, PRODUCING SIGNIFICANT GREENHOUSE
GAS EMISSIONS. THAT MAKES TAKING FEWER
FLIGHTS ONE OF THE FASTEST WAYS TO REDUCE
YOUR ENVIRONMENTAL IMPACT. WHEN YOU CAN,
MEET VIRTUALLY, TAKE A TRAIN, OR SKIP THAT
LONG-DISTANCE TRIP ALTOGETHER.



THROW AWAY LESS FOOD

WHEN YOU THROW FOOD AWAY, YOU'RE ALSO WASTING THE RESOURCES AND ENERGY THAT WERE USED TO GROW, PRODUCE, PACKAGE, AND TRANSPORT IT. AND WHEN FOOD ROTTS IN A LANDFILL, IT PRODUCES METHANE, A POWERFUL GREENHOUSE GAS. SO USE WHAT YOU BUY AND COMPOST ANY LEFTOVERS.



REDUCE, REUSE, REPAIR & RECYCLE
ELECTRONICS, CLOTHES, AND OTHER ITEMS WE BUY
CAUSE CARBON EMISSIONS AT EACH POINT IN
PRODUCTION, FROM THE EXTRACTION OF RAW
MATERIALS TO MANUFACTURING AND TRANSPORTING
GOODS TO MARKET. TO PROTECT OUR CLIMATE, BUY
FEWER THINGS, SHOP SECOND-HAND, REPAIR WHAT
YOU CAN, AND RECYCLE.



CHANGE YOUR HOME'S SOURCE OF ENERGY
ASK YOUR UTILITY COMPANY IF YOUR HOME ENERGY
COMES FROM OIL, COAL OR GAS. IF POSSIBLE, SEE IF
YOU CAN SWITCH TO RENEWABLE SOURCES SUCH AS
WIND OR SOLAR. OR INSTALL SOLAR PANELS ON YOUR
ROOF TO GENERATE ENERGY FOR YOUR HOME.



SWITCH TO AN ELECTRIC VEHICLE
IF YOU PLAN TO BUY A CAR, CONSIDER GOING
ELECTRIC, WITH MORE AND CHEAPER MODELS
COMING ON THE MARKET. EVEN IF THEY STILL RUN
ON ELECTRICITY PRODUCED FROM FOSSIL FUELS,
ELECTRIC CARS HELP REDUCE AIR POLLUTION AND
CAUSE SIGNIFICANTLY FEWER GREENHOUSE GAS
EMISSIONS THAN GAS OR DIESEL-POWERED
VEHICLES.



CHOOSE ECO-FRIENDLY PRODUCTS
EVERYTHING WE SPEND MONEY ON AFFECTS THE
PLANET. YOU HAVE THE POWER TO CHOOSE WHICH
GOODS AND SERVICES YOU SUPPORT. TO REDUCE
YOUR ENVIRONMENTAL IMPACT, BUY LOCAL AND
SEASONAL FOODS, AND CHOOSE PRODUCTS FROM
COMPANIES WHO USE RESOURCES RESPONSIBLY
AND ARE COMMITTED TO CUTTING THEIR GAS
EMISSIONS AND WASTE.



SPEAK UP

SPEAK UP AND GET OTHERS TO JOIN IN TAKING ACTION. IT'S ONE OF THE QUICKEST AND MOST EFFECTIVE WAYS TO MAKE A DIFFERENCE. TALK TO YOUR NEIGHBORS, COLLEAGUES, FRIENDS, AND FAMILY. LET BUSINESS OWNERS KNOW YOU SUPPORT BOLD CHANGES. APPEAL TO LOCAL AND WORLD LEADERS TO ACT NOW.

THANK YOU

